

EMOTION WORDS *and WHY*

INSTRUCTIONS: Choose Two Emotion Words and Prepare to Tell Us Why

A

Angry, Annoyed, Afraid, Awkward, Affectionate, Anxious, Alarmed, Awed, Aggravated, Amazed, Astonished, Amused, Apprehensive, Absorbed, Ambivalent, Ashamed, Able, Addled, Admired, Admirable, Affable, Agreeable, Aggressive, Abandoned

B

Brave, Bothered, Bewildered, Bitter, Bashful, Blue, Baffled, Blissful, Buoyant, Bereaved, Bold

C

Cheerful, Cooperative, Confident, Calm, Cold, Curious, Content, Considerate, Cautious, Cranky, Crestfallen, Contrace, Chagrined, Carefree, Composed, Capable, Caring, Careful, Contemptuous, Cross, Concerned, Complacent, Charitable, Crushed, Cantankerous, Compulsive

D

Defiant, Depressed, Discouraged, Delighted, Disgusted, Determined, Disappointed, Detached, Daring, Disillusioned, Devious, Dismayed, Disenchanted, Doleful, Disinterested, Disdainful, Dismissive, Dejected, Disengaged, Distant

E

Elated, Enthusiastic, Embarrassed, Edgy, Excited, Envious, Exhausted, Eager, Exuberant, Enraged, Euphoric, Extravagant, Ecstatic, Eager, Emboldened

F

Funny, Frightened, Fearful, Furious, Fair, Foolish, Frustrated, Forgiving, Flustered, Fulfilled, Fatigued

G

Grouchy, Guilty, Grief-stricken, Generous, Greedy, Grateful, Grumpy, Guarded, Gleeful, Glad, Gloomy, Glum, Gracious, Grateful

H

Happy, Humiliated, Hurt, Helpless, Hopeless, Horrified, Hesitant, Humbled, Heartbroken, Hysterical, Hyperactive

I

Irritated, Irritable, Interested, Insecure, Impatient, Inspired, Inspiring, Inadequate, Irrational, Ignorant, Indifferent, Irked, Impertinent, Inquisitive, Isolated

J

Jealous, Joyful, Joyous, Judgmental, Judged, Jaded, Jocular, Jittery

K

Kind, Keen

L

Loving, Lonely, Lackluster, Leery, Lethargic, Listless, Lazy

M

Mad, Meek, Mean, Miserable, Malevolent, Marvelous, Manipulated, Manipulative, Misunderstood, Mischievous, Mopey, Melodramatic, Moody, Melancholy, Mirthful, Moved, Morose, Manic

N

Nice, Naughty, Nasty, Nervous, Neglected, Neglectful, Needy, Needed, Naive, Nonchalant, Nonplussed, Numb

O

Overpowered, Overjoyed, Obedient, Obsessive, Obsessed, Offended, Outraged, Overloaded, Overstimulated, Obstinate, Obligated, Optimistic, Open, Openminded

P

Panicked, Panicky, Peaceful, Placid, Playful, Pensive, Puzzled, Powerful, Powerless, Pleased, Petty, Petulant, Preoccupied, Proud, Prideful, Prickly, Petrified, Pressured, Perturbed, Peeved, Passive

Q

Quirky, Quarrelsome, Qualified, Quivery, Querulous, Quiet

R

Relieved, Relaxed, Resentful, Rattled, Refreshed, Repulsed, Rational, Reasonable, Reasoned, Rebellious, Reluctant, Reassured, Remorseful, Reserved, Rejuvenated, Restless, Rattled

S

Sad, Surprised, Silly, Scared, Sorrowful, Serious, Shy, Satisfied, Sensitive, Safe, Stressed, Stubborn, Sarcastic, Spiteful, Scornful, Secure, Serene, Smug, Sociable, Sympathetic, Startled, Satisfied, Sanguine, Skeptical, Sincere

T

Thankful, Tearful, Teary, Thoughtful, Tolerant, Tolerated, Trusted, Trusting, Trustworthy, Temperamental, Terrified, Timid, Tired, Tiresome, Troubled, Tickled, Torn, Touched, Threatened, Tender, Tranquil

U

Uneasy, Uncertain, Uncomfortable, Unruffled, Unafraid, Useless, Useful, Unimpressed, Unappreciated, Undecided, Unruly, Uptight, Unnerved, Unhappy, Unsteady, Uplifted, Unsure

V

Vivacious, Vain, Vibrant, Violent, Valued, Valuable, Vital, Vexed, Volatile, Vulnerable, Victorious, Victimized, Vacant

W

Worried, Wary, Weak, Weary, Wistful, Wishful, Willful, Willing, Woeful, Weepy, Whiny, Worn, Whimsical, Warm, Witty, Withdrawn, Worthless, Wronged, Wasted, Worldly

Y

Youthful, Yielding, Yearning

Z

Zany, Zealous, Zestful